



What will I learn about?

Qualities of a Good Partner



How to Maintain a Partnership

Effective Communication



Finances

Personal Well-Being



Problem Solving

And more!



When & where are classes?

Classes meet in-person or online for two hours weekly over an eight-week period.



Interested in learning more?

Contact OACAC today
(417) 873-3378

showmehealthyrelationships@oac.ac

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DO YOU WISH TO...

Be in a healthy, committed relationship?

Increase your well-being?

Strengthen communication skills?

ShowMe Healthy Relationships is a collaborative project offered by Ozarks Area Community Action Corporation offering **free classes for individuals who want to improve relationships.**

*"I just think the whole program is great, I wish I knew about it before."
- ShowMe Healthy Relationships Participant*

www.oac.ac



Empowering People, Enriching Communities



Human Development
and Family Science
University of Missouri